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**EPPING FORESTERS  
CRICKET CLUB**

**2016 Season Fixtures**

**Bell Common**

**Epping**

**CM16 4DH**

**Tel: 01992 579700**

*Est. 1947*



**EFCC**

## **EPPING FORESTERS CRICKET CLUB CONTACTS 2016**

<b>NAME</b>	<b>ROLE</b>	<b>PHONE</b>	<b>EMAIL</b>
Sylvia Tyers	President	01992 572416	dandstyers@btinternet.com
David Shapiro	Chairman	01992 560249	david@clothing-manufacturer.co.uk
Caz Sundberg-Downey	Secretary	07777 660836	caroline.downey@btinternet.com
Anne Sundberg	Colts Secretary	01992 574027 07777 660837	annesundberg@yahoo.co.uk efcccolts@outlook.com
Peter Hubbard	Treasurer	0208 5276190	peter.hubbard2@gmail.com
Peter Day	Subscriptions Secretary/ Groundsman	01992 522476	daisy1955@live.co.uk
Peter French	Fixtures / Social Rep	07838200742	peterwfrench@hotmail.co.uk
Lisa Pigrim	Child Welfare Officer	07912 570705	lisa.willis@talk21.com
Lorraine Poole	Club Captain	07768558072	lorraine.poole@middlesexccc.com
Carol Brown	Bar Manager	01992 578366	thebrowns99@me.com
Mike Poole	Groundsman	01992 579978 07876 478339	Family_poole@hotmail.co.uk
Kevin McGuinness	Social Secretary (Lead) Coach	01992 570087 07738 120224	kmmcguinness@hotmail.com
Stephen Poole	1 <sup>st</sup> XI Captain	07540 830314	poley11@btinternet.com
Sam Needham	2 <sup>nd</sup> XI Captain	07808 810237	sneedham1993@aol.co.uk
Gareth Day	Sunday Captain	07557 686521	garethday150@gmail.com
Colin Thomas	U9 & U10 Coach /Manager	07930 404387	c-leb@tiscali.co.uk
Pat Haslam	U11 Coach /Manager	07909 962480	pathaslam@yahoo.co.uk
Tony McGrath	U13 Coach/ Manager	07867 522652	cloverleas@hotmail.com
Lisa Pigram	U15 Manager	07912 570705	lisa.willis@talk21.com
Graham Hancock	U15 Coach	07816880489	graham@chezhank.co.uk



## TRAINING

Training takes place every Wednesday evening from 6.30pm

## SELECTION PROCEDURE

Please upload your availability on the website **before 6pm each WEDNESDAY:**

[www.eppingforestercc.secure-club.com](http://www.eppingforestercc.secure-club.com)

It's simple – log in, click availability, choose the fixture, then select if you are available! *If you have forgotten your log in details please contact **Gareth Day***

Teams will be selected after training on Wednesdays, and uploaded onto the website Thursday.



The website will then send out an automatic email informing the individual of selection, along with the location of the ground (if away) and time of meet.

The Club's facebook site will also list the teams for information only. Please ensure you have made yourself available via the website in order to be considered for selection.

**PLEASE NOTE: Team selection will be dependent on payment of any outstanding subs from the week before**

## ECB Fast Bowling Match Directives



Age	Max. overs per spell	Max. overs per day
Up to under 13	5 overs per spell	10 overs per day
U14, U15	6 overs per spell	12 overs per day
U16, U17	7 overs per spell	18 overs per day
U18, U19	7 overs per spell	18 overs per day

For the purposes of these Directives a fast bowler is defined as a bowler to whom a wicket keeper in the same age group would in normal circumstances stand back to take the ball. Having completed a spell the bowler cannot bowl again, from either end, until the equivalent number of overs to the length of his\* spell have been bowled from the same end. A bowler can change ends without ending his current spell provided that he bowls the next over that he legally can from the other end. If this does not happen his spell is deemed to be concluded.

If play is interrupted, for any reason, for less than 40 minutes any spell in progress at the time of the interruption can be continued after the interruption up to the maximum number of overs per spell for the appropriate age group. If the spell is not continued after the interruption the bowler cannot bowl again, from either end, until the equivalent number of overs to the length of his spell before the interruption have been bowled from the same end. If the interruption is of 40 minutes or more, whether scheduled or not, the bowler can commence a new spell immediately.

Once a bowler covered by these Directives has bowled in a match he cannot exceed the maximum number overs per day for his age group even if he subsequently bowls spin. He can exceed the maximum overs per spell if bowling spin, but cannot then revert to bowling fast until an equivalent number of overs to the length of his spell have been bowled from the same end. If he bowls spin without exceeding the maximum number of overs in a spell the maximum will apply as soon as he reverts to bowling fast.

**Captains, Team Managers and umpires are asked to ensure that these Directives are followed at all times. For guidance it is recommended that in any 7 day period a Fast bowler should not bowl more than 4 days in that period and for a maximum of 2 days in a row.**

Age groups are based on the age of the player at midnight on 31<sup>st</sup> August in the year preceding the current season



## **Membership Subscriptions & Match Fees**

### **Membership subscriptions**

Playing Member Adult (18+)	£30.00
Playing Member Student (17 and under & student)	£25.00
Family Membership	£35.00
Life & Vice Presidents	£25.00
Social Member	£25.00

### **Playing Subscriptions**

Saturday Match Fee (Full Members per game)	£10.00
Sunday Match Fee (Full Members per game)	£10.00
Saturday Match Fee (colts per game)	£5.00
Sunday Match Fee (colts per game)	£5.00
Colt's Match fee's	£3.00

***Membership subscriptions should be paid to Peter Day***

***Please make cheques payable to Epping Foresters Cricket Club***

**For online banking payments:**

Sort code: 20-29-86

Account no.: 40355356

***Match fess should be paid to the Captain at the end of each game.***



## Saturday First XI Fixtures 2016 ~ Division TWO

FIRST TEAM CAPTAIN: **Stephen Poole**  
**07540 830314**  
**poley11@btinternet.com**

ALL MATCHES START 1.30pm

Home matches meet at Clubhouse at **12.30pm**

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>
30 <sup>th</sup> April	Woodford Wells IV	Home
7 <sup>th</sup> May	Takeley I	Away
14 <sup>th</sup> May	Stansted H & Elsenham I	Away
21 <sup>st</sup> May	Willingale	Home
28 <sup>th</sup> May	Sough Loughton I	Away
4 <sup>th</sup> June	Molehill Green	Home
11 <sup>th</sup> June	Farnham	Away
18 <sup>th</sup> June	Ilford Catholics II	Home
25 <sup>th</sup> June	Bishops Stortford III	Away
2 <sup>nd</sup> July	Woodford Wells IV	Away
9 <sup>th</sup> July	Takeley I	Home
16 <sup>th</sup> July	Stansted H & Elsenham I	Home
23 <sup>rd</sup> July	Willingale	Away
30 <sup>th</sup> July	South Loughton I	Home
6 <sup>th</sup> Aug	Molehill Green	Away
13 <sup>th</sup> Aug	Farnham	Home
20 <sup>th</sup> Aug	Ilford Catholics II	Away
27 <sup>th</sup> Aug	Bishops Stortford III	Home

**TEA ROTA – Please ensure you volunteer to provide at least ONE tea. The Rota is in the Clubhouse - put your name down!**





## SUNDAY Fixtures 2016

SUNDAY TEAM CAPTAIN: Gareth Day  
 07557 686521  
 garethday150@gmail.com

Date	Opposition	Home/Away	Time
17 <sup>th</sup> April	Thaxted	Away	2.00pm
24 <sup>th</sup> April (1 <sup>st</sup> XI)	Nazeing	Away	1.30pm
24 <sup>th</sup> April (2 <sup>nd</sup> XI)	Hatfield	Home	1.30pm
1 <sup>st</sup> May	Harlow (Marigolds)	Away	1.30pm
8 <sup>th</sup> May	Stansted	Away	2.00pm
15 <sup>th</sup> May	Abridge	Home	2.00pm
22 <sup>nd</sup> May	North Weald	Home	2.00pm
29 <sup>th</sup> May	Roydon	Away	2.00pm
Mon 30 <sup>th</sup> May	Frinton	Away	1.30pm
5 <sup>th</sup> June	PRESIDENT'S DAY	Home	2.00pm
12 <sup>th</sup> June	Coopersale	Away	2.00pm
19 <sup>th</sup> June	Serendib	Home	2.00pm
26 <sup>th</sup> June	Harlow Town	Away	2.00pm
3 <sup>rd</sup> July	Abridge	Away	2.00pm
10 <sup>th</sup> July	Epping	Away	2.00pm
10 <sup>th</sup> July	Family Fun Day	Home	TBC
17 <sup>th</sup> July	Ingatestone	Away	2.00pm
24 <sup>th</sup> July	Little Hallingbury	Home	2.00pm
31 <sup>st</sup> July	Netteswell Burnt Mill	Away	2.00pm
7 <sup>th</sup> Aug	Memorial Game	Home	2.00pm
14 <sup>th</sup> Aug	Epping	Home	2.00pm
21 <sup>st</sup> Aug	Harlow Town	Home	2.00pm
28 <sup>th</sup> Aug	Takeley	Away	2.00pm
Mon 29 <sup>th</sup> Aug	Baz Bazzoni Memorial game	Home	2.00pm
4 <sup>th</sup> Sept	Coopersale	Home	1.30pm
11 <sup>th</sup> Sept	Frinton	Home	2.00pm
18 <sup>th</sup> Sept	Netteswell Burnt Mill	Home	1.30pm
25 <sup>th</sup> Sept	Clavering	Away	1.00pm



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**UNDER 9 LEAGUE FIXTURES 2016**

MANAGER: Colin Thomas  
07930 404387  
c-leb@tiscali.co.uk

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
Sun 22 <sup>nd</sup> May	Aythorpe Roding	AWAY	09.30
Tues 24 <sup>th</sup> May	Harlow	AWAY	18.00
Sun 5 <sup>th</sup> June	Nazeing Common	AWAY	09.30
Thurs 9 <sup>th</sup> June	Saffron Walden	HOME	18.00
Sun 12 <sup>th</sup> June	Saffron Walden 'B'	HOME	09.30
Mon 27 <sup>th</sup> June	Fyfield	HOME	18.00
Mon 11 <sup>th</sup> July	High Roding	HOME	18.00

**UNDER 10 LEAGUE FIXTURES 2016**

MANAGER: Colin Thomas  
07930 404387  
c-leb@tiscali.co.uk

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
Sun 1 <sup>st</sup> May	High Roding Girls	AWAY	09.30
Thurs 26 <sup>th</sup> May	High Roding "B"	HOME	18.00
Thurs 16 <sup>th</sup> June	Saffron Walden	HOME	18.00
Mon 20 <sup>th</sup> June	High Roding	AWAY	18.00
Sun 26 <sup>th</sup> June	Aythorpe Roding	AWAY	09.30
Sun 10 <sup>th</sup> July	Harlow Town	AWAY	09.30
Mon 18 <sup>th</sup> July	Dunmow	HOME	18.00
Thurs 21 <sup>st</sup> July	Harlow	HOME	18.00
Sun 24 <sup>th</sup> July	Stansted Hall	AWAY	09.30



**UNDER 11 "Terrier" LEAGUE FIXTURES 2016**

MANAGER: Pat Haslam  
 07909 962480  
 pathaslam@yahoo.co.uk

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
Sun 1 <sup>st</sup> May	High Roding	HOME	09.30
Sun 22 <sup>nd</sup> May	Saffron Walden	AWAY	09.30
Sun 12 <sup>th</sup> June	Harlow	AWAY	09.30
Sun 14 <sup>th</sup> June	Dunmow	HOME	18.00
Mon 4 <sup>th</sup> July	Harlow Town	HOME	18.00
Sun 10 <sup>th</sup> July	Hockerill	AWAY	09.30

**UNDER 11 LEAGUE FIXTURES 2016**

MANAGER: Pat Haslam  
 07909 962480  
 pathaslam@yahoo.co.uk

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
Mon 2 <sup>nd</sup> May	High Roding	AWAY	09.30
Mon 30 <sup>th</sup> May	Theydon Bois	HOME	09.30
Sun 5 <sup>th</sup> June	Saffron Walden	AWAY	09.30
Sun 19 <sup>th</sup> June	Harlow Town	AWAY	09.30
Sun 31 <sup>st</sup> July	Harlow	HOME	09.30

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### UNDER 13 LEAGUE FIXTURES 2016

MANAGER: **Tony McGrath**  
**07867 522652**  
**cloverleas@hotmail.com**

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
Sun 8 <sup>th</sup> May	Matching Green	HOME	09.30
Sun 15 <sup>th</sup> May	Thorley	HOME	09.30
Sun 22 <sup>nd</sup> May	Aythorpe Roding	HOME	09.30
Tues 7 <sup>th</sup> June	Fyfield	HOME	18.00
Sun 12 <sup>th</sup> June	Thorley	AWAY	09.30
Tues 14 <sup>th</sup> June	Dunmow "B"	AWAY	18.00
Sun 19 <sup>th</sup> June	Aythorpe Roding	AWAY	09.30
Sun 3 <sup>rd</sup> July	Matching Green	AWAY	09.30
Tues 12 <sup>th</sup> July	Dunmow "B"	HOME	18.00
Sun 24 <sup>th</sup> July	Fyfield	AWAY	09.30

### UNDER 13 CUP 2016

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
(To be Played before) 1st May	Harlow	AWAY	
8 <sup>th</sup> May	Semi Finals	TBC	
22 <sup>nd</sup> May	FINAL	TBC	

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### UNDER 15 LEAGUE FIXTURES 2016

MANAGER: Lisa Pigram  
07912 570705  
lisa.willis@talk21.com

COACH: Graham Hancock  
07816 880489  
graham@chezhank.co.uk

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
Sun 15 <sup>th</sup> May	Stansted Hall	AWAY	09.30
Sun 22 <sup>nd</sup> May	Theydon Bois	AWAY	09.30
Thurs 2 <sup>nd</sup> June	Dunmow	HOME	18.00
Sun 5 <sup>th</sup> June	Saffron Walden	AWAY	09.30
Tues 21 <sup>st</sup> June	Harlow	HOME	18.00
Sun 10 <sup>th</sup> July	Harlow Town	HOME	09.30

### UNDER 15 CUP 2016

<u>DATE</u>	<u>OPPONENTS</u>	<u>VENUE</u>	<u>START</u>
(To be Played before) 8 <sup>th</sup> May	Harlow Town	AWAY	
15 <sup>th</sup> May	Semi Finals	TBC	
30 <sup>th</sup> May	FINAL	TBC	



## **EFCC Code of Conduct for Cricket Club Members and Guests**

All Members and Guests of Epping Foresters Cricket Club will:

- Respect the rights, dignity and worth of every person within the context of Cricket
- Treat everyone equally and not discriminate on the grounds of age, gender, disability, race, ethnic origin, nationality, colour, parental or marital status, religious belief, class or social background, sexual preference or political belief
- Not condone, or allow to go unchallenged, any form of discrimination if witnessed
- Display high standards of behaviour
- Promote the positive aspects of Cricket e.g. fair play
- Encourage all participants to learn the Laws and rules and play within them, respecting the decisions of match officials
- Actively discourage unfair play, rule violations and arguing with match officials
- Recognise good performance not just match results
- Place the well-being and safety of Young People above the development of performance
- Ensure that activities are appropriate for the age, maturity, experience and ability of the individual
- Respect Young People's opinions when making decisions about their participation in Cricket
- Not smoke, drink or use banned substances whilst actively working with Young People in the Club.
- Not provide Young People with alcohol when they are under the care of the Club
- Follow ECB guidelines set out in the "Safe Hands – Cricket's Policy for Safeguarding Children" and any other relevant guidelines issued
- Report any concerns in relation to a Young Person, following reporting procedures laid down by the ECB
- In addition to the above, all Club Officers and Appointed Volunteers will:
  - Hold relevant qualifications and be covered by appropriate insurance
  - Always work in an open environment (i.e. avoid private or unobserved situations and encourage an open environment)
  - Inform Players and Parents of the requirements of Cricket
  - Know and understand the ECB's 'Safe Hands – Cricket's Policy for Safeguarding Children'

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**EFCC**

**Membership Form**

Name: .....

Address:.....

Post Code: ..... Telephone Number:.....

Email Address .....

**Category of Membership (please tick)**

Playing ADULT £30 \_\_\_\_\_ Playing STUDENT £25 \_\_\_\_\_ Social £25 \_\_\_\_\_

Family £35 \_\_\_\_\_

Family membership names:

Adult.....

Email address: .....

Child: .....Age: .....

Child: .....Age: .....

Cheques payable to **Epping Foresters Cricket Club**

**For online banking payments:**

Sort code: 20-29-86

Account no.: 40355356

***(Please include your name as a reference).***

**By completing and signing this form you agree that EFCC will hold this information for purposes of membership only. This form will be stored securely for the duration of the season for which it applies and then be destroyed. Contact details will be held electronically for the purpose of communicating information relating to EFCC.**



Epping Foresters Cricket Club



@EppingForesters

**IF YOU ARE A UK TAX PAYER, PLEASE COMPLETE THE DECLARATION FORM OVERLEAF AND HELP US RAISE MORE FUNDS FOR YOUR CLUB.**

## Community Amateur Sports Club (CASC) Gift Aid Declaration (multiple donation)

### Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the Community Amateur Sports Club (CASC) from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

### In order to Gift Aid your donation you must tick the box below:

I want to Gift Aid my donation of £35:00 and any donations I make in the future or have made in the past 4 years to:

**Name of CASC: EPPING FORESTERS CRICKET CLUB**

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

### My Details

Title: \_\_\_\_\_

First name or initial(s): \_\_\_\_\_

Surname: \_\_\_\_\_

Full Home address:

\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

### Please notify the CASC if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

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***EFCC***

Be SOCIAL with Epping Foresters!

**WEBSITE:**

[www.eppingforestercc.secure-club.com](http://www.eppingforestercc.secure-club.com)

Find us on 

Epping Foresters Cricket Club



@EppingForesters

**Join us on Friday nights!**

The Bar is open from 6pm,  
and on the last Friday of every month is

**BBQ time** – all are welcome!